

## **CLINICAL THERAPIST – DOMESTIC VIOLENCE & TRAUMA**

Clinical Therapist – Domestic Violence and Trauma

1.0 FTE 6 month contract – with the possibility of extension, Commencing July 2021

You are experienced in using evidence-based and trauma guided therapy methods. As a Clinical Therapist you will be passionate about the delivery of counselling services to individuals, children and families impacted by domestic violence, homelessness, poverty, and suicide loss. You are keen to empower individuals, children, and their families to recover from the impact of trauma and adversity.

## You're Responsible for

- With a full time, therapist caseload of 25+ clients the Clinical Therapist will provide individualized and group psychotherapeutic counselling support which includes assessment; collaboratively identification treatment goals; and completing ongoing evaluation of the benefit of therapeutic treatment and interventions. Ongoing monitoring, evaluation, and record client progress with respect to treatment goals.
- Essential skills are required in the following areas: Crisis intervention and support; safety planning; trauma education; skills in assisting parents and families on development of safe and healthy relationships; healthy attachment strategies; mental health strategies focused on treatment of trauma related issues (PTSD, C-PTSD); and mental health issues related to impact of domestic violence, poverty, homelessness, and suicide loss.
- Contributing to the ongoing development of clinical programs that best suit the needs of individuals and families who access services at The Outreach Centre.
- Clinical Therapists operate under all rules and regulations of the Outreach Centre, Supports the agency mission and mandate, attend, and participate in team and staff and/or board meetings and weekly consultation meetings.
- Adherence to professional regulatory standards in the areas of confidentiality, consent, professional conduct, timely clinical documentation, ethics and any other professional regulatory standards will be key.
- Refer client, or family to community resources for housing or treatment to assist in recovery from mental or physical illness.
- Report to the Clinical Team Lead and the Senior Program Manager.
- Light lifting, moving, cleaning or other physical tasks may be required.

## What you have Accomplished

- Master's Degree in Clinical Psychology, Master of Social Work – Clinical Specialization or other related field is required (i.e., Master of Counselling in Art Therapy).
- Must have 4+ years will a proven track record of 3 years post-master's direct counselling experience in the direct treatment of clients with direct experience working with individuals, children and families impacted by abuse, trauma, violence, or a similar field of work.
- Must obtain and maintain membership in Professional College / Association.
- Advanced clinical skills and knowledge of relevant best practice guidelines.
- Knowledge of the Mental Health Act, DSM IV diagnoses and knowledge of pharmacology.
- Advanced knowledge of the impacts of abuse, domestic violence, trauma and how it connects with mental health and post-traumatic stress.
- Great team collaboration skills and ability to work well with community and professional group.

## If you are excited about this opportunity, we would like to meet you

Deadline: Thursday, June 29, 2021Apply by sending your resume, cover letter and salary expectations to <a href="mailto:sara.roberts@theoutreachcentre.org">sara.roberts@theoutreachcentre.org</a>

The Outreach Centre is committed to providing an inclusive workplace that is diverse and equitable. We aim to be a workplace where all employees, clients, and volunteers, whatever their race, gender, ethnicity, national origin, age, sexual orientation, or identity, education and/or disability feel valued and respected.